# May 5, 2006

# News **Notes**

Vol. 13, No. 18

Salute to troops, Waikiki parade and outdoor **concert** – This event is to salute all Hawaii-based military personnel, including the men and women of the U.S. Army, Navy, Air Force, Marine Corps, Coast Guard, National Guard and Reserves Saturday. There will be a parade from 9:30 to 11:30 a.m. starting at Fort De Russy, to Kalakaua/Monsarrat Avenues, to Kapiolani Park. An outdoor concert at Kapiolani Park, bandstand and main stage, featuring performer John Legend will follow.

CCAF graduation -The Community College of the Air Force graduation ceremony is Monday at 2 p.m. on the officer's club

The Force Development Flight office will be closed all day for the event.

#### Huli-Huli chicken -The Air Force Hawaii First Sergeant's Association is sponsoring a Huli-Huli Chicken Barbeque Fundraiser May 19. For \$8 get a whole Huli-Huli chicken. Tickets must be purchased in advance of cooking date. Pick-up is between 10:30 a.m. to 1 p.m. at the parking lot on the northeast side of C Street (between Hangar Avenue and Vickers Avenue).

See a First Sergeant today for tickets!

**Special Olympics needs volunteers** – Special Olympics Hawaii is currently recruiting volunteers for its 2006 State Summer Games May 26 to 28 at the University of Hawaii at Manoa. Special Olympic Athletes work very hard to overcome many challenges and they can with volunteers support. Team Hickam members can help to build self-esteem, instill pride and bring joy to the lives of hundreds of Special Olympics Hawaii Athletes. Whether volunteers are looking for inspiration or they want to inspire, Special Olympics can

See NOTES, A6

# In this week's Kukini



Quit smoking

# McKinley named to CMSAF post

Pacific Air Forces Public Affairs

Air Force Chief of Staff Gen. T. Michael Moseley named Chief Master Sgt. Rodney McKinley to serve as the 15th Chief Master Sergeant of the Air

Chief McKinley will assume his new position July 1, following the June 30 retirement of current Chief Master Sgt. of the Air Force Gerald Murray. CMSAF Murray's retirement culminates 29 years of service to the Air

"I'm excited to have Chief McKinley take the helm of our enlisted force,' said General Moseley. "Chief McKinley is a tremendous leader with an impressive array of expeditionary and combat experiences to help him steer our Airmen and serve as my partner. We were blessed to have a number of exceptionally well-qualified candidates for the position. While the decision was not an easy one, I feel we have the right person to lead our enlisted force during this time of a long war on terrorism, recapitalization and transformation. I look forward to working with him."

Gen. Paul Hester, Pacific Air Forces commander echoed the sentiments of General Moseley in congratulating Chief McKinley.



Chief Master Sgt. Rodney McKinley, shown here shaking hands with Airmen, has been selected as the 15th Chief Master of the Air Force. Chief McKinley currently serves as the command chief master sergeant for Pacific Air Forces.

"On behalf of PACAF, I extend my congratulations to Chief McKinley and to his family and my sincere appreciation for his commitment and dedication

to our Airmen in the Pacific. I am confident that he will fulfill the charter of

See MCKINLEY, A4

# Hickam supports NASA project

Hickam AFB, Hawaii

NASA's Intercontinental Chemical Transport Experiment is currently in the second phase of a seven week mission to study the inflow of pollutants into North America. The first part was successfully completed from Houston, Texas, March 31 after performing six flights over the Mexico region. The second portion started from NASAs Ames reseach center in Calif. on April 17 with a transit to Hawaii after an instrument inter-comparison with a similar payload flying on the National Science Foundation / National Center for Atmospheric Research C-130 over the Calif. central valley. NASA conducted 3 science flights from Hickam using building 2155 as a base of operations for 115 scientists, support personnel and tons of equipment. "The facility worked out great for our experiments,"

See NASA, A3

# C-17 #5 arrives



Hickam's fifth C-17 arrives from Boeing's plant in Long Beach, Calif., April 28. Lt. Gen. David Deptula, Kenney Warfighting Headquarters (P)

commander and Pacific Air Forces vice commander, delivered the C-17 leaving only three more C-17s to arrive here.

# Energy conservation can be easy

By Kirsten Tacker Kukini photojournalist

Conserving energy and water means avoiding waste and there are so

was to create as much load as possible to keep electric companies in business and people employed. Now armed with the

knowledge that resources

ing energy on Hickam is the right thing to do," said Dave Steiner, Hickam's "We aren't expecting peo-

environment and conserv- evision on sleep mode to "It is substantial. I am just avoid it being on all night. By leaving the air conditioner on in unoccupied energy and water manager. rooms or leaving the television on and not watching it,

quoting industrial numbers. because that is all that I have. I don't typically delve into family housing. Turning the air condi-



Photo by An

Col. Bill "Goose" Changose, 15th Airlift Wing commander, volunteers to take photos for award recipients at a breakfast held in recognition of base volunteers.

# Plan ahead

By Col. Bill "Goose" Changose
15th Airlift Wing commander

As we head into the summer months it is a time when families typically start planning vacations, or, also very likely, for the arrival of family and friends who want to visit Hawaii. For the latter most of us experience the duty of "tour guide" while at the same time discovering the wonders of Oahu yet again. There is much to see and do, but I have learned that when you live in paradise it is never too early to make reservations for whatever the occasion may be. Whether it is an excursion to another island, downtown stay at a local hotel, or even our very own Bellows AFS it pays to plan ahead.

Speaking of planning ahead, the summer PCS season is upon us and we'll have a high percentage of turnovers in our military members. If you're about to leave you'll do yourself, your family and your co-workers a favor by planning ahead. As a professional, start crafting final evaluations and decorations. Dust off the continuity books and see how you can improve or update the information for your replacement. Your unit will

be better off for your work. On the family side, if you need clues on how a smooth transition is done, check out the Smooth Move Workshop offered by the Airman and Family Readiness Flight. Last week they had a full house, so sign up early. Keep in mind that the same holds true to plan ahead for household goods and POV shipments, lodging and airline reservations.

May is National Military Appreciation Month. You've heard me mention it before but it's worth repeating - the local community appreciates what you do as much or more than any place I've ever been. Tomorrow there will be a parade through the center of town (for details see news notes on the front page) which will end with a big celebration in Kapiolani Park. Members of the Hawaii Air National Guard and active duty will march in the parade and represent Hickam. Come out and cheer them on. In addition to the parade and celebration in the park there are some great deals being offered by local vendors – I encourage you to take advantage of their hospitality.

Take care of each other, think before you act. See you at Kapiolani Park!

# Are You Ready? By Chief Master Sgt. To achieve this you must

of the Air Force

Gerald R. Murray

As Airmen, we raised our right hand and solemnly swore to support and defend the Constitution of the United States against all enemies, foreign and domestic. Our enemies emerged from the shadows on 9-11 and today, in the Global War on Terror, we are taking the fight directly to them. Our mission is clear – win this war.

We all have a role to play and we must continually evaluate whether we are doing everything we can to support the war and combat operations. If the call comes tomorrow for you to deploy to Baghdad, Kandahar, or wherever our Air Force needs you, are you ready to go? You must be. We are the nation's warriors!

By now, many of you are familiar with frequent or extended deployments. Thank you for your continued dedication and personal sacrifice. Many thanks to your family as well, for enduring many sacrifices as they await your return. You are the Airmen this nation called for and depends on. For those not ready to deploy at this moment, what deliberate action are you taking to be ready? For some, it may be time to reevaluate why you are serving in our Air Force. You volunteered and swore an oath; our nation relies on your readiness and commitment.

Combat operations call for a force with ingenuity and courage ... a force that is trained, equipped and ready to deploy at a moments notice.

To achieve this you must maintain your duty and combat skills, health and fitness levels, and take the necessary steps to prepare yourself and loved ones for the road ahead. Your family counts on your plans and preparation for deployments and separation. Finances, housing, legal matters, child-care arrangements, and extended family support needs must all be settled before the deployments orders come down. These are basic responsibilities of being Expeditionary Airmen.

Thousands upon thousands of Airmen have served, fought and sacrificed before us. We owe it to our forefathers who shed their blood so we can enjoy the freedoms we cherish today. More than 2,400 of our comrades have given their lives in this fight against terrorism. We owe it to them to be ready to continue their legacy.

Our first Chief Master Sergeant of the Air Force, Paul Airey, joined the Army Air Corps at the age of 17 to serve our nation during a hellacious time of war, WWII. He left U.S. soil in March, 1944. Soon afterwards, on his 28th combat bombing mission over Germany, his aircraft was shot down; he was captured, and held as a prisoner of war until May, 1945. We owe it to Chief Airey and so many others who endured years of separation and hardships to be ready.

Senior Airmen Jason Cunningham, a pararescueman, answered the call to deploy to Afghanistan in 2003. He continued answering that call even after being mortally wounded while on a rescue mission in support of Opera-

tion Anaconda. Jason was credited with saving 10 fellow comrades before he ultimately lost his life. We owe it to SrA Cunningham and his family, who gave the ultimate sacrifice, to be ready.

As the requirements for more six-month and one-year taskings and deployments continue to rise, more Airmen will be called upon to deploy. and, in many cases, perform duties in different organizations and environments than they've known before. These are different times; the War on Terror is a different kind of war; and, it requires Airmen to be adaptive, courageous, and ready to fight. What has not changed is the fact that we are fighting for fundamental freedoms.

The American public; mothers, fathers, husbands, wives and most importantly, our children, are the beneficiaries of our efforts. I ask you to never forget the people who are counting on us-here at home and in the fledgling democracies abroad. Also never forget those who came before us. They answered our nation's call to fight for freedom. Now we must carry that torch. We inherited an arduous responsibility, but one we must shoulder with courage and honor. In time to come, others will reflect on our service. How will they judge our courage ... our commitment ... our readiness?

You have to be ready to fight today and tomorrow. Keep your focus on the mission, live by our Core Values, and remember how blessed we are to live in and serve our great nation.

# **Action Line**

The Action Line is your direct link to me so we can work as a team to make Hickam a better community. I urge you to use the normal chain of command first.

If you have done this and are still not satisfied, give my commander's Action Line a call. If you would like me to get back to you, leave your name and number, state your issue, tell me who you have talked to and why you were not satisfied with their response. I'll work your issue and respond verbally or in writing. The Action Line number is 449-2996. Messages may also be sent by e-mail to 15aw.pal@hick-am.af.mil.

## **Parking**

Comment: I am writing in regard to the expectant mothers parking in front of the base exchange. First thank you for those two spots. They were the greatest thing in the last two months of my pregnancy. Second I wanted to know if there is a pass that you have to get to park in those spaces? There is no way of knowing if the person really parked there is pregnant or not. This brings on my complaint. A couple of days ago I watched as a man, after changing

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his mind about parking in the white line area across from where the fire trucks park, pulled straight into the expectant mothers parking. By this time my family and I had parked and were walking toward the store. He was alone in a white Dodge Durango. My husband waited by the truck for about 10 to 15 minutes hoping security forces would come by so he could point them out. We were in the shopping center for about 30 minutes more and when we came out he was still parked there. We waited about 10 minutes more for his return and he didn't

Now there is no way for us to know if he had dropped off his pregnant wife and then went to park or anything. But as we walked toward our car I saw a very pregnant woman walking from a spot in the Burger King side parking lot area.

It made me sad to think that here this perfectly healthy man had to park in a spot that women could have used instead of huffing and puffing from a far off parking spot. Thank you.

Response: I appreciate your con-

cerns. Passes are not required for any reserved parking spot including those for expectant mothers. Parking in these spots is strictly a matter of integrity. If, in the future, you can positively identify violators please notify security forces at 449-2677 so they can respond and issue tickets. Thank you for bringing this to my attention.

## **Senior NCO Housing**

Comment: I currently live in Phase 2 of Earhart village. I have been told my families expected move date will likely be in July due to the rain delay. The individual I spoke with is responsible for scheduling the move dates and the information she provided was very helpful.

One item that caught my attention was that the Senior NCO's in Phase 2 will all move into Junior NCO housing. She stated that the Senior NCO housing will be completed in Phase 3. She was unsure if we would be forced to move again. Why didn't planners build new SNCO housing before destroying the old homes and will SNCO's families be forced to move again once Phase 3 is completed? Thanks

very much for your attention.

Response: I understand your The primary reason concerns. Hickam Community Housing started their Phase 1 construction in the Hale Na Koa area was because those homes were in the worst condition. Land space is limited on Hickam and HCH was required to demolish existing homes in order to build new ones. Residents being displaced due to HCH's Phase 2 construction were given priority to move into newly completed Phase 1 homes. Even though you will be moving into a home that will eventually be designated as a junior NCO home, the three-bedroom home is new with 1630 square feet.

I'm sure you'll find it a big improvement over the home you are living in now. HCH does not plan to move you again. Once HCH's initial development plan is completed in January 2010, they are required to align the grades of residents with grades of homes through attrition. I can assure you HCH is doing their best to minimize the inconveniences involved in moving. Thanks again for your question.

# Hickam Diamond Tips



## Nail Polish Standards

Females will not wear shades of nail polish that distinctly contrast with their complexion, detracts from the uniform, or that are extreme. Some examples of extreme colors include, but are not limited to, purple, gold, blue, black, bright (fire engine) red and florescent colors. Nail polish will be limited to one color. (french manicures are allowed). Nail length will not exceed 1/4 inch from finger tip.

Source: 97th Air Force Uniform Board Questions? Contact your First Sergeant

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**Hickam Kukini Editorial Staff** 

# Crisis Response lines

Hickam Family Support Center
449-0300
Life Skills Support Center
449-0175
Law Enforcement Desk
449-6373



U.S. Air Force photo by Tech. Sqt. Shane A.Cuomo

Lt. Col. David Beavers, 15th Medical Operations Squadron, explains how the clinic operates to Korean nurses visiting the clinic at Hickam April 25. The Republic of Korea sent for natural disaster management situations.

seven nurses to discuss mass casualty response, civilmilitary coordination and biohazard response procedures

# **ROK** nurses learn at Hickam

By Tech. Sgt. Shane A. Cuomo Air Force Print News

Nurses from the Republic of Korea visited Hickam's clinic to learn how the U.S. responds to and manages natural disasters contingencies. By sharing information with allies the Air Force will insure its friends are using they practices in disaster management

Seven RoK nurses spent a week on Oahu to discuss mass casualty response, civil-military coordination, and biohazard response procedures.

The nurses also made stops at Tripler Army Medical Center and a Naval clinic on Pearl Harbor during their

"We are here to share with U.S. experts and also learn the systems and programs to apply them into our curriculums and our programs," said Maj. Myoung Ran Yu, Chief of Republic of Korea Military Nursing Research Cen-

With disasters like the recent tsunami that devastated Indonesia and mudslide that hit the Philippines this type of information sharing with allied

forces ensures the best possible reactions to dramatic situations. The hope is that medical officials from both nations find new and better ways to manage disasters.

"You have a really good system for disaster management," said Maj. Soon-Young Lee, Adult Nursing Instructor. "We are trying to prepare a system in Korea so we want to start from here," she said.

The nurses will go back to Korea with new ideas and new friendships both of which they can use to strengthen their disaster management system.

# Week marked to recognize nurses and technicians

By Capt. Lisa Hurton 15th Medical Operations Squadron

The work of America's 2.9 million registered nurses to save lives and to maintain the health of millions of individuals is the focus of this year's National Nurses Week, celebrated annually May 6-12 throughout the United States.

"Nurses: Strength, Commitment, Compassion" is the theme for the 2006 National Nurses Week. Beginning on May 6, the week is marked as RN Recognition Day and ends on May 12, the birthday of Florence Nightingale, founder of nursing as a modern profession. Starting on Monday, May 8, the 15th Medical Group will kick off festivities to commemorate National Nurses Week and to say "thank you" to its nurses and medical technicians for a job well-done. During this week, nurses and technicians here at Hickam will be honored with a kick-off complimentary continental breakfast. There will be activities and food almost every day. Speakers have been invited to discuss health topics and stress reduction. The 15th Medical Group has approximately fourteen nurses and forty technicians assigned

Traditionally, National Nurses Week is devoted to highlighting the diverse ways in which registered nurses, the largest health care profession, are work-

Nursing service is link in delivery of quality healthcare and part of the whole team of professionals at the Medical Group.

> David Beavers 15th Medical Operations Squadron

ing to improve health care. In the military we recognize the nurses and technicians as a whole for nursing serv-

"Nursing service is a vital link in delivery of quality healthcare and part of the whole team of professionals at the Medical Group," said Lt Col. David A. Beavers, 15th Medical Operations Squadron. "I am proud to be associated with the outstanding nurses and technicians assigned at Hickam."

"Like many other military and civilian facilities in the local area, we couldn't be more grateful for the hard work and service given every day. Please take a moment to thank your healthcare providers for all they do," said Colonel Beavers.

# **AF offers** instant online service

Deployed Airmen no longer have to wait for days or weeks to find out how their friends or family members are doing back home thanks to a capability developed on the Global Combat Support System.

The Air Force Portal is now offering a free online service that lets you communicate with friends or family in the Air Force. Air Force Instant Messenger allows Air Force members with AF Portal access to sponsor up to five friends or family members onto the Air Force Portal. Once sponsored, friends and families of Air Force active duty members can communicate with loved ones using online chat. Get with a sponsor and become one of the 30,000 friends and family members currently using

# Operation Purple hosts summer camp

The National Military Family Association recently announced that Navy Region Hawaii MWR was chosen to host the popular Operation Purple Summer Camp in 2006. NMFA developed this free summer camp program, which is sponsored this year by the Michael & Susan Dell Foundation and TriWest Healthcare Alliance, in response to the need for increased support for military children, especially those whose parents are or will be deployed. Navy Region Hawaii MWR will join a select list of dedicated teams to host more than it is a program geared to

26 locations in 22 states to include Hawaii.

"NMFA is excited to welcome back Navy Region Hawaii MWR as a participant in this very worthwhile program," said Tanna Schmidli, NMFA of the Chairman Board/CEO. "We look forward to working together to indeed, make a difference in these children's lives"

Navy Region Hawaii MWR provides to military families recreational needs across the state. MWR will host the Operation Purple Summer Camp and 2,500 deserving children at give active duty military

children the coping skills who have been deployed and support network of peers to better handle life's ups and downs while their military parent deployed. Military children will be categorized in two separate groups, for more information about youths ages 5 to 12 from July 10 to 14 and teens tration. Applications will ages 13 to 17 from July 24 to 28. The 5 to 12-year-old campsite will be located at White Plains Beach, Barbers Point. The 13 to17year-old campsite will be located at the Kilauea Military Camp on the Big Island of Hawaii. Camp is open to children of active duty parents (all military branches and reserves)

or will be deployed between May 2005 and September 2007.

Visit the NMFA Operation Purple website at www.operationpurple.org the camp and camp regisonly be available online. Registration ends on May 15. Each camp is "purple" meaning it is open to children of any member of the uniformed services including National Oceanic Atmospheric Administration and United States Public Health Service plus the National Guard and Reserves forces.

# HCH offers tips for making move-out easier

Ryan Mielke

Hickam Community Housing LLC

With the PCS season just around the corner, many of our Hickam Community Housing families will be leaving Hawaii. The following are a few tips to help make your move-out with us as smooth as possible. Hickam Community Housing requires a 28-day notice to vacate. You will need a copy of your orders, TMO give notice, pending any remaining items required by HCH for out-processing.

Once notice is given, you will be given two dates for inspection. One will be for the pre-inspection, usually conducted between the hours of 1 and 3 p.m., and one for the final inspection, usually between the hours of 8 and 11 a.m.

At the final inspection, all trash and personal items should disposed

Hazardous material must also be disposed of properly. Items such as paint, used oil, tires, and unit air conditioners will not be picked up. It is the responsibility of the resident to dispose of these items. Again, HCH can provide information on disposal sites. If any of these items are not disposed of by the final inspection, a disposal charge will be assessed.

At any time, should you have ques-

**NASA**, From A1said Hanwant Singh, Project

Scientist, "We really appreciate the wonderful support we received from our Hickam hosts." The NASA DC-8 will transit to Anchorage, Alaska on April 30. From Alaska, four additional science flights will be conduct-



ed before the experiment ends on May 15. By tracking particular Asian outflows with models and satellites, the DC-8 can sample a plume followed by the C-130 measuring the same plume days later. This enables NASA to better understand the transport and transformation of these gases and aerosols which will help predict their overall impact on the global air quality and climate. Nearly all of the flights have provided vital validation and correlative measurements for instruments on the Aura, Terra, Aqua and Envisat Earth Observing Satellites.



Photo by Staff Sgt Sarah Kinsman

Gov. Linda Lingle, speaks during the opening ceremonies of Hawaii's Military Appreciation Month aboard the USS Missouri. May is Military Appreciation Month.

Chief McKinley is currently the command chief master sergeant for Pacific Air Forces. He originally joined the Air Force in 1974, took a break in service in 1977, attended college, and reentered the Air Force in 1982. Chief McKinley's career includes various assignments in medical, aircraft maintenance, first sergeant, and as the command chief master sergeant at the 86th Airlift Wing, Ramstein AB, Germany; 1st Fighter Wing, Langley Air Force Base, Virginia; the 379th Air Expeditionary Wing, Al Udeid, Qatar and 11th Air Force, Elmendorf Air Force Base, AK.

Chief McKinley's overall impression of his new assignment is one of great humility and respect. "Many talented and qualified Chiefs were considered for this position and I have the greatest respect

an important time in United States history and the United States Air Force, I don't take this job lightly and promise to do the best I can on behalf of all Airmen.

Chief Master Sgt. Rodney McKinley

for my peers; to be chosen among them is very humbling." said Chief McKinley.

"This is an important time in United States history and the United States Air Force, I The office of the Chief Master Sgt. of the Air Force represents the highest enlisted level of leadership and provides direction for the total force representing more than 680,000 officers, enlisted, civilian, guard and reserve Airmen. He has direct influence on the enlisted corps and

presents their interests to the

American public and all lev-

on behalf of all Airmen." the

els of government.

The CMSAF serves as a personal advisor to the Air Force Chief of Staff and Secretary of the Air Force on all issues regarding the welfare, readiness, morale, proper utilization, and progress of the Air Force and their families.

For more information, please contact PACAF Public Affairs at 808-449-7947 or e-mail pacaf.paops@hickam.af.mil.

# ENERGY, From A1

ent things that people don't think of at home or in the office. For instance, turning the coffee maker off after it's brewed and pouring the coffee in a carafe instead of leaving it on the warmer for two hours avoids waste.

"There is a trend of everybody having their own compartmentalized refrigerator, microwave and coffee maker in the office," said Mr. Steiner. "To be honest the microwave isn't that big of a deal, it is on demand use. The refrigerator, that is a separate issue it is constantly running to keep something cold and it might just be your lunch. Keeping community refrigerators would be a great idea."

In the residential area it is far better or more energy efficient to use the microwave to heat up a glass of water as opposed to boiling water on the stove top. The stove uses a lot of energy and there are not many energy efficient stoves available.

"The stove, coffee maker elements and anything that keeps things warm are resistant heat devices," said Mr. Steiner. "Resistant heat sources are usually inefficient, that is why they produce heat."

Using the oven while making muffins and peaking in to check them causes a waste of energy. Each time the oven door is opened heat escapes, the oven temperature drops, and the oven must cycle on to replace lost heat. Use the oven light to look in through the clear panel. That is the reason an oven has the light so waste is avoided.

Along with the stewardship for energy it is important to include water conservation. Don't water lawns between 9 a.m. and 5 p.m., less water evaporates when the

sun isn't out, so more gets into the lawn. Watering at night or early in the morning is by far the most effective way to water.

"Another thing to consider is potable water. That is a limited resource on island," said Mr. Steiner. "Don't forget this potable water we drink everyday, we are also watering our lawn with it."

Water lawns only two or three times a week even during the summer, lawns do not need to be watered every day. By watering only once every three days, you promote deeper root growth and that makes your lawn more water efficient.

Other easy ways to conserve water are when brushing teeth or shaving, do not leave the water running in between rinses or toothbrush soaking.

"Here in Hawaii, preheating the shower isn't required for a long duration like back on the mainland where you have colder temperatures," said Mr. Steiner. "There is still energy being used with turning on water because it has to be pumped from somewhere."

A dripping faucet, especially

the hot water side, or a toilet running constantly, are huge wastes of water. Report it and get it repaired.

A drop each second from a leak-

ing faucet can waste about 2000 gallons of water a year. A leaking hot water faucet wastes both water and up to 400 KWH/year.

"Washing laundry with cold water is and preferably full loads, saves energy and especially when using the dryer because it is resistance heat and inefficient, so dry full loads," said Mr. Steiner.

There are many more energy saving tips, but one last one to

think about is how many clocks are in the house, everything has a clock, the computer, microwave, oven, digital cable box and alarm clock just to name a few.

"You don't need that many

clocks on in the house and it

seems every appliance or elec-

tronic piece of equipment has a lit

time display," concluded Mr. Steiner. "You can just turn that off. That is a parasitic load, in some cases things go into sleep mode, but they are still using energy."

Be mindful even if there is no electric bill to pay, render energy

electric bill to pay, render energy and environmental conservation as habitual as personal health and safety.

For more information on energy saving tips and choices go to www.heco.com or contact Hawaiian Electric Company at 548-7311.

# for on-base shopping

By Bonnie Powell
Defense Commissary Agency

According to a recent survey released by the Urban Land Institute, more than 80 percent of American drivers say they now combine trips to save gas. Although military shoppers stateside are not totally unique, they do have different shopping patterns from the average American.

Military shoppers overseas are more used to combining trips or shopping on the installation for familiar products and services, but in the United States, active duty military living off the installation, retirees, or Guard and Reserve families often drive as much as 30 miles or more to take advantage of the tremendous savings offered at their commissaries and exchanges.

"Higher gas prices may be convincing military shoppers to make fewer trips, but they seem to be buying more when they do make the trip," said Patrick Nixon, chief executive officer and acting director of the Defense Commissary Agency.

A commissary shopper survey conducted by a major manufacturer in 2004 indicated that while 56 percent of shoppers combined commissary and exchange shopping, nearly 40 percent indicated they made separate trips.

"Understanding that we share the same group of authorized customers, exchange planners have been focused on working cooperatively with DeCA and installation commands to co-locate the commissary and the exchange whenever possible," said Army and Air Force Exchange Service Commander Maj. Gen. Bill Essex. "By working together we hope to encourage military families to strengthen both benefits by combining them into one visit."

"Most people know ahead of time what they need to buy and with a little planning they can make a day of it," said Nixon. "By combining trips they can go to the exchange, the bank or credit union, and dry cleaners – and make the commissary the last stop so they can head right home with their groceries."

A few other tips to increase the savings at your commissary and exchange:

- Clip coupons. In 2005 commissary customers used 138 million coupons for a total savings of almost \$98 million
- Be selective. In addition to great savings on clothing, electronics and more,



Phot by Jessica Andrews

To save money, resources and time, these Hickam commissary shoppers car-pooled and combined their shopping trip to include the base exchange.

By combining trips they can go to the exchange, the bank or credit union, and dry cleaners – and make the commissary the last stop so they can head right home with their groceries.

Patrick Nixon, chief executive officer and acting director of the Defense Commissary Agency

the "Exchange Select" program offers more than 450 quality products at prices far below equivalent national brands

- Bring a cooler and stock up on a variety of top quality meats at the commissary. The prices are well below comparable meats found outside the gate.
- Log on. The Exchange Catalog and Exchange Online store at http://www.aafes.com offer troops and their families more than 25,000 items via the online site, thousands of items from virtual vendor partners and hun-

dreds of thousands of items from CentricMall.com partners.

- Virtual Commissary at http://www.commissaries.com is also tapping into customer interest for online purchases. The service began last fall with an assortment of gift baskets and will continue to grow along with industry and customer interest.
- Guard and Reserve families can get together and take a van trip to their nearest installation. It is a great way to meet new friends and decrease your gas expense.
- Find out what's on sale ahead of time at your exchange by logging onto the AAFES Web site at <a href="http://www.aafes.com">http://www.aafes.com</a> or the NEXCOM Web site at <a href="http://www.navy-nex.com">http://www.navy-nex.com</a>. Shopping information for Marine exchanges is located at <a href="http://www.usmc-mccs.org/shopping/index.cfm">http://www.usmc-mccs.org/shopping/index.cfm</a>.
- Check out what's on sale at the commissary at the "savings aisle" under the shopping link at <a href="http://www.commissaries.com">http://www.commissaries.com</a>. DeCA is not allowed to advertise prices outside the store, but you can print out a list of items on sale in your commissary. The sale prices will be below regular price. Commercial vendors can advertise commissary sale prices and those commercial circulars are accessible online through the links page at commissaries.com.



#### Shoplifting

Two active-duty Air Force family members were detained by Army and Air Force Exchange Service store detectives for shoplifting. Total cost of stolen merchandise: \$12.35.

from the refrigerator located outside of her residence to security forces.

# Damage to private property

A family member of an Army retiree reported damages to her vehicle.

A report was filed. Estimated cost of damage: \$1,000.

# Shoplifting down but not out at military exchanges

DALLAS – "Everywhere, all the time." That's the motto of the Army & Air Force Exchange Service's Loss Prevention team. Thanks to their efforts, shoplifting incidents at BXs and PXs in 2005 fell by more than 5 percent to 8,543.

While pleased with the team's ability to prevent the loss of nearly a million dollars in merchandise last year, AAFES leadership is working to ensure even fewer exchange customers are tempted to steal in 2006.

"Military service members spend years building careers on values such as trust, competency and responsibility, all which can come crashing down with one shoplifting incident," said AAFES' Loss Prevention Vice President Shelton Irick. "The damage can be irreparable."

AAFES Loss Prevention associates focus on deterring shoplifting by identifying areas that tend to have high pilferage rates. These areas include electronics, sporting goods and cosmetics. All AAFES exchanges have camera surveillance systems manned by detectives to

monitor these areas and try to prevent shoplifting before it occurs. Most also have Electronic Article Surveillance systems tags that alarm when attempts are made to remove unpaid for merchandise from the store.

"No one likes catching

"No one likes catching shoplifters," said Irick. "In fact, many of AAFES' Loss Prevention tools are designed to deter shoplifting before it even happens. It's our hope that individuals who might be considering theft will see the security measures and think twice."

If a customer has passed the opportunity to pay for merchandise, AAFES Loss Prevention associates turn the issue over to military police. In addition to possible disciplinary and/or criminal action, the Federal Claims Collection Act, which began March 1, 2002, allows AAFES to enact a Civil Recovery Program. The flat, administrative cost, applicable to every shoplifting incidence, is \$200 and there may be further fees depending on the condition of the recovered stolen to make a difference in the community by volunteering for Special Olympics Hawaii. For more information, visit www.specialolympic-shawaii.org or contact Cindy at 943-8808, extension 27.

Catholic Mass – A special Catholic Mass will be held at Chapel Center, Bldg 1750 on Sunday, May 7 at 10 a.m. 21 Catholic religious education students will be receiving the sacrament of Confirmation and the Seven Gifts of the Holy Spirit. This liturgy will be presided by Reverend Bishop John J. Kaising, Auxiliary Bishop for the Archdiocese for Military Services, USA. POC: Cathy Yoakum; 449-1754 ext 230.

Kapiolani Park, bandstand and main stage, featuring performer John Legend, from 12:05 to 4:45 p.m.

Hickam National Test Center – The National Test to all members of the Department of Defense and their families. CLEP exams are free to active-duty, Reserves Guard, and family members of the Guard and Reserve forces. For all others, there is a \$20 administration fee and \$55 examination fee. The National Test Center on Hickam will offer exams on Mondays and Wednesdays, conducting three test sessions each day. To schedule an exam call Hawaii Pacific University at 422-1032 more information, call the Airman and Family Readiness Flight at 449-0300.

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Book sale – The Hickam Friends of the Library is having its bi-quarterly book sale Saturday from 9 a.m. to 2 p.m. to raise funds in support of Hickam Library programs. The sale is in Building 1711 next to Airman's Attic. Paperback purchases are 25 cents and hardbacks are \$1. The

used fiction and non-fiction g books in good condition.

Military spouse apprecia-

tion fair - The Hickam Com-

munity Action Team honors

the heart of Team Hickam ...

the military spouses. Share

and enjoy an evening of fun activities, talking, stories, and camaraderie at the Military 2 Spouse Appreciation Fair Thursday from 5 to 7 p.m. at the Airman and Family ti Readiness Flight Lanai. For more information or registration, call 449-0300.

Volunteer award – Nominations are currently being accepted online at www.nmfa.org until May 15. It This award recognizes volun-

accepted online at www.nmfa.org until May 15. This award recognizes volunteers whose outstanding service contributes to improving the quality of life in their military or neighboring communities. Active duty members, National Guardsmen, Reservists and retired members of the Air Force, their

gible to nominate one of its volunteers. For more information, call the AFRF at 449-0300.

**Keiki fishing tournament** 

 Deadline to sign up is June 9 for the Friends of Hickam's 7th annual tournament June 23, 11 a.m. to 4 p.m. Air Force children ages 5 to 12years-old are eligible to participate. The event is a full day of free food, prizes and trophies, fishing and fun. Get an application form and details from a first sergeant. The first 250 eligible children will be accepted. Drop completed forms at the 15th Airlift Wing Public Affairs, Building 1110, Wing Headquarters, room 221. For more information, call Bette Kalohi, 449-9386.

Asian/Pacific American Heritage Month activities – DoD forum on Asian/Pacific American affairs is Monday Tapa Ballroom. The forum is free and will provide an update on key personnel management issues and matters of interest to Asian Pacific Americans in the DoD Community. For more information, call 449-0101.

**Fundraiser** – The Hickam African American Heritage Association is sponsoring a 2006 Spring Fever Fashion Show with all proceeds going towards the AAHA Scholarship Program. The fashion show is June 3 at the enlisted club. Tickets are currently on sale for \$20 in advance and \$25 at the door. Doors open at 7 p.m. and the show starts at 8 p.m. with a special guest performance by the Delta Sigma Theta Sorority Inc. For ticket sales, contact Staff Sgt. Candice Roberts at 449-7836 or email her at candice.roberts @hickam.af.mil.

**Volunteers needed** – The

seeking volunteers for the following positions: office support staff and public speaking for pre-deployment briefs. Volunteer hours will be based on the availability of the volunteer. "We stop needing you when they stop needing us." For more information, call the Red Cross office at 449-0166

Thrift shop - The Hickam Thrift Shop hours of operation are Monday, Wednesday and Friday from 9 a.m to 1 p.m. Consignments are accepted Mondays and Fridays from 9 to 11 a.m. The shop will be closed May 26 and 29 in observance of Memorial Day. Additional hours are the second Saturday of each month from 9 a.m. to 1 p.m. and the third Wednesday of each month from 5 to 8 p.m. Donations are always appreciated and can be dropped off at anytime in the shed located in front of the complete stories and find more Air Force News, go to www.af.mil.

# AF mandates virtual outprocessing

RANDOLPH AIR FORCE BASE, Texas (AFPN) – All Airmen undergoing permanent change-of-station moves, retirements or separations are now required to use the Virtual Outprocessing application available through the Virtual Military Personnel Flight.

Airmen can enter the vMPF by logging onto the Air Force Personnel Center's secure Web site where they can view their vOP checklist from the individual actions menu.

The vOP checklist will include requirements based on the Airman's unit and other associated base agencies, such as the transportation management office, finance, medical clinic and Tricare. The checklist also will include the timeframe required for clearing actions at each location.

Bases currently not using the vOP system will be required to transition to it no later than May 30.

The online process also will eliminate paper checklists and most in-person outprocessing requirements.

For more information, Airmen should contact their base military personnel flight. (Courtesy of the Air Force Personnel Center)

# Long hours for deployed Globemaster crews

SOUTHWEST ASIA (AFPN) – It is contrary to what common sense dictates. A series of short C-17 Globemaster III flights demand intense aircrew energy and stamina. But longer

gy and stamina. But longer sorties remain more physically manageable.

"Either way you look at it, our C-17 crews put in long thours that place physical and

our C-17 crews put in long hours that place physical and mental demands on the human body," said Lt. Col. Chris Carlsen, commander of Detachment 2, 817th Expeditionary Airlift Squadron. "And a lot of times they're hitting the 26-hour mark."

With a waiver, aircrews

With a waiver, aircrews can fly two hours past the 24-hour flying duty day.

"Typically, the max is 24 hours of flying and 45 min-

[engine] shutdown," said C-17 aircraft commander Capt. Daryl Myers. He measures his flying days in hours instead of miles flown. "But we can get a waiver to go up to 26 hours, which has happened a couple of times over here."

First Lt. Greg Brock said an "easy" day is 15 to 16 hours of flying in, out and within the region. The C-17 pilot said "longer legs" (flights) on a multi-sortie mission are actually more manageable because the pilots take turns flying the transport and sleeping. Loadmasters also have been known to sleep on the floor when trips take longer than five hours. (By Maj. Ann Peru Knabe, 379th Air Expeditionary Wing Public Affairs)

# Airmen make history in Iraq

POPE AIR FORCE BASE, N.C. (AFPN) – Five Airmen have joined aviation pioneers Gen. Henry H. "Hap" Arnold, Gen. James H. "Jimmy" Doolittle and Brig. Gen. Charles "Chuck" Yeager in a select group — all are recipients of the Clarence Mackay Trophy.

To the five-person crew, the flight over northern Iraq that put them in the record



master, changes settings on the radio system in his air-

books was much like any other mission they would fly. To the Iraqi Air Force and those connected with them, it represented much more.

The crewmembers are:

Maj. Michael Frame, aircraft commander and instructor pilot. He is assigned to the 41st Airlift Squadron here.

Maj. Brian Lewis, instructor pilot, also assigned to the

41st AS.

Master Sgt. Thomas Lee, instructor flight engineer, assigned to the 37th AS at Ramstein Air Base, Germany.

Senior Master Sgt. John Spillane, instructor loadmaster, assigned to the 50th AS at Little Rock Air Force Base, Ark.

Master Sgt. Corey Turner, instructor loadmaster,

assigned to the 40th AS at Dyess AFB, Texas.

The mission, called "Train 60," was the first operational combat mission flown by an all-Iraqi aircrew. It was also the first time a U.S. Air Force advisory support team provided initial qualification training while in a combat zone on an operational mission. (By Lisa Terry McKe-

own, 43rd Airlift Wing Public Affairs)

with Detachment 2, 817th Expeditionary Airlift Squadron.

# Air Force MIA from Vietnam War identified

WASHINGTON (AFPN)

The Department of

See ATAF, A9

sonnel Office, or DPMO, announced May 2 that the 1975 when a Vietnamese remains of two Airmen, missing in action from the Vietnam War, have been identified. They were crewmembers on a C-130 Hercules that was shot down in 1972.

The Airmen are Tech. Sgt. Donald Hoskins of Madison, Ind., and Staff Sgt. Calvin Cooke of Washington, D.C. A third person from the crew, Maj. Harry Amesbury, was previously identified.

On April 26, 1972, Major Amesbury was flying a C-130 to An Loc City, South Vietnam, for an emergency resupply mission. Sergeants Hoskins and Cooke were among those aboard the aircraft when it was hit by any recovery attempts until search team recovered artifacts and remains that were later identified as belonging to another crewman.

# Airmen help Iraqi pilots fly again

KIRKUK AIR BASE, **Iraq** (**AFPN**) – Pilots from the Iraqi Air Force are waiting patiently for a team of Airmen to arrive from Edwards Air Force Base, Calif. It's this team that can get them up in the air and flying again.

The mission of the Iraqi 3rd Squadron hinges on the enemy fire and crashed. work of the Air Force Flight

a team of maintainers, engineers and pilots here to test the airworthiness of the Comp Air 7SLX. The aircraft -- several were given to the Iraqis as a gift from the United Arab Emirates -- is a kit-built plane developed by an American company. Due to the many modifications of the aircraft, they were deemed unsafe to fly. The aircraft were ground-

ed in January after the Air Force flight test evaluation team determined the aircraft were unsafe in their present condition. Now, with the work accomplished by a 20person team from various bases possessing essential Air Force Specialty Codes, one aircraft is ready to fly again.

The team was able to

it safe to fly. After a successful first flight on April 25, the team will return here in May to fix the other aircraft assigned here. Then these Iraqi aircrews can take flight once again. (By Staff Sgt. Kristina Barrett, 506th Air Expeditionary Group Public

# Trackers watch for dangerous "space junk"

**SOUTHWEST ASIA** (**AFPN** – Roughly 15,000 miles above the Earth's surface a communications satellite provides vital information to all branches of the U.S. military.

other items in space that are tracked by the Ground-Based Electro-Optical Deep Space Surveillance System, known as GEODSS. There are three operational GEODSS sites that

report to the 21st Space

Wing at Peterson Air Force

Base, Colo. They are

Detachment 1 in Socorro,

N.M.; Detachment 2 in Southwest Asia; Detachment 3 in Maui, Hawaii. Each site is responsible for tracking thousands of known man-made deepspace objects in orbit around the Earth at an altitude of 10,000 to 45,000 kilometers. These objects range from

active payloads such as

satellites to "space junk"

such as debris from launch

"Those (who) utilize space to fight the (war on terrorism) need to ensure those assets are available and are under no threat," Mr. Bookout said. "We act as a passive police force, watching for natural or artificial interference." (By Master Sgt. Scott King, 40th Air

"As various on-orbit satellites perform their military, civilian or scientific functions, we monitor the relative presence of every manmade deep-space object in earth orbit," said Bruce Bookout, GEODSS site manager with Northrop Grumman Technical Ser-

Expeditionary Group Public Affairs)



## Comedy show

A comedy show featuring Redbone, Tyler, Curtis Arsenal is today at the enlisted club. The cost is \$22 for general audience; \$2 Members First Discount. Tickets are on sale now. Doors open at 8 p.m, show starts at 9 p.m. This is strictly an adult comedy show. Food and beverages are available for purchase. For more information, call 448 2271.

## "Damn Yankees" Dinner and Theater

Dinner and theater is May 13 at Richardson Theater, Fort Shafter. The cost of \$50 per person includes a three-course dinner at the Officers' Club, intermission wine and dessert, transportation to and from the production and admission. For more information or reservations, call 448-4608 extension 15.



#### Craft fair

The Annual Hickam Spring Craft Fair is Saturday 9 a.m. to 3 p.m. at Bldg. 1889, Kuntz Ave. There will be handmade crafts, food, entertainment, an air castle, demos, a family dog show, prizes and more. The Hickam Veterinary Clinic and Arts and Crafts Center present The 6th Annual Hickam Spring Family Dog Show from 10 a.m. to 1 p.m. Sign up starts at 9:30 a.m. Contest categories include owner/pooch look alike, best tail wagging, most obedient dog and best dog trick. For more information, call 449-



1568 extension 101.

# Junior golf program

The summer junior golf program registration has started and continues through June 5. The program is Mondays and Tuesdays: June 19, 20, 26, 27 and July 10, 11, 17, 18. There are three daily sessions: 1 to 1:45 p.m., 2 to 2:45 p.m. and 3 to 3:45 p.m. Junior golfers age groups: 7 to 10 and 11 to 13 year olds. For \$99 players get four lessons, a shirt, hat, balls, tee packs and a set of junior golf clubs. For \$50 the youth provides his/her own clubs and receives four lessons, a is taught by Mamala Bay staff May 26 from 4 to 4:45 p.m. The clinic is limited to the first 12 golfers. Interested people may sign up by calling 449-6490 or emailing MamalaBayTee-Time@hickam.af.mil. Include whether the junior golfer is right or left hand-

#### Mother's Day sale

Monday through May 13 receive 10 percent off all ladies golfing merchandise in stock at Mamala Bay Golf Course.

#### Mother's Day grams

May 12 surprise mom with a candy-filled mug for \$15. Delivery is limited to Hickam. Orders must be placed by Wednesday. For more information, call 449 -2361.

#### Mother's Day special

The Hickam Bowling Center honors all moms May 14 from noon to 4 p.m. Bring the entire family, mom bowls for free and she receives a gift. There is a three game limit. For more information, call the bowling center at 449-2702.

#### Mother's Day massage special

Throughout the month of May mothers have their choice of any two 45 minute services: body scrub, body wrap, facial and massage. This reminds the body of health, happiness, and serenity. Both sessions cost \$70.

#### Relaxing body wrap

Draw out impurities and help stimulate skin's natural healing. Great for improving elasticity of skin; complete with essential oil for relaxation. Choice of French Green Clay or Botanical Mud. The 60 minute session is \$45.

#### Perfect body wrap

For 45 minutes rejuvenating body scrub, exfoliate the body with sea salt butter. Effectively remove dead skin cells and leave skin feeling soft, supple and detoxified. Followed by 45 minutes French Green Clay Algae Body Wrap or Botanical Mud Wrap.

The 90 minute session is \$70. Add on a half hour massage for \$25.

#### Birthday parties

Birthday Party reservations at the bowling center are available for children 12 years old and under for \$7.50 per child. The package includes two games of bowling, free shoe rental, one bag of chips and one hot dog or two mini cheese

pizzas or two pepperoni pizzas per person. For reservations, call the bowling center at 449-2702.

# Yoga by the Sea

Mondays, May 8, 15, and 22, at 9:30 a.m. at Foster's Point. Attendees should bring water. Free to ID holders.

#### Aerobics & Fitness

Aerobics & Fitness Association of America Fitness Certification/Workshops today through Sunday. Classes focus on injury prevention, primary group fitness and practical Pilates. For more information call the fitness center at 448-